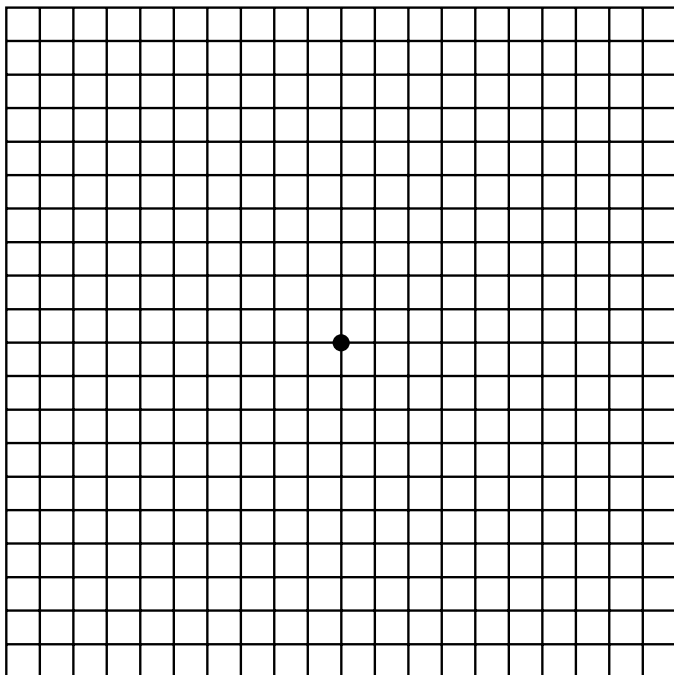




## Monitor your vision every week



### To use the Amsler grid:

- Wear your eyeglasses or contact lenses
- Hold grid at comfortable reading distance
- Cover one eye at a time
- Stare at center dot; do not let your eye drift

### Contact your eye doctor immediately if

- A straight line appears wavy or bent
- A box differs in size or shape
- Any area is missing, blurry, or discolored

**PreserVision®**  
Eye Vitamin  
& Mineral Supplement